

EARLY START FROM 8.30AM - 2PM

TOAST £3.00 **V** **VG**

Toast, Welsh butter, homemade jam.

+ **HOMEMADE NUTELLA 50P**

CRWST GRANOLA £4.50 **V**

Llaeth y Llan yoghurt, seasonal compote, Cardigan Bay honey.

VEGAN BREKKIE BOWL £5.00 **VG**

Roasted peaches, raspberries, coconut yoghurt, toasted nuts, maple syrup

BRUNCH FROM 9AM - 2PM

BRIOCHE BRUNCH BAP £5.00 **V** **VG**

Choose 2 fillings...

Local Butcher's Sausage | Dry Cured Bacon

Fried Egg | Roasted Tomatoes | Avocado | Mushroom

+ **EXTRA FILLING £1**

AVOCADO £6.50 **VG**

Smashed on toast, slow roasted cherry tomatos, sriracha, coriander, toasted seeds.

+ **CHORIZO £2** | + **FETA £1** | + **POACHED EGG £1**

FULL BREKKIE £7.50

Local butchers bacon & sausage, homemade beans, roasted vine tomatoes, mushroom, fried egg, toast.

+ **BLACK PUDDING £1** | + **CRWST HASH BROWN £2**

VEGAN BREKKIE £7.50 **VG**

Crwst hashbrown, avocado, homemade beans, roasted vine tomatoes, mushrooms, kale, toast.

+ **FRIED EGG £1**

CRWST BENEDICT £8.00

Teifi Valley pork slow cooked in HP sauce for 18 hours, toasted bread, poached eggs, hollandaise.

EGGS ON TOAST £4.50 **V**

Free range eggs on toast your way!

+ **SMOKED SALMON £3** | + **DRY CURED BACON £2**

TURKISH EGGS £7.00 **V**

Garlic yoghurt, 2 poached eggs, chilli sumac butter + sourdough

+ **CHORIZO £2** | + **FETA £1**

PANCAKES £6.00 **V**

Llaeth y Llan yoghurt, seasonal compote, Cardigan Bay honey, granola clusters.

EGGS ROYALE £8.50 **V**

Swansea Fish smoked salmon, toasted bread, poached eggs, hollandaise.

CRWST BEANS ON TOAST £6.00 **VG**

Homemade slow cooked baked beans on toast.

+ **WELSH CHEDDAR £1** | + **CHORIZO £2** | + **FRIED EGG £1**

QUICHE OF THE DAY £6 **V**

Homemade quiche of the day.

CARROT BHAJI BOMB £6 **VG**

Homemade spicy carrot bhaji.

Both served with today's salads.

Please ask the team for more information!

JUST FOR CHILDREN FROM 9AM - 2PM

SMALL BREKKIE £4.50

Bacon, sausage, fried egg, toast.

EGG / BEANS ON TOAST £2.50 **V** **VG**

Free range fried egg or homemade slow cooked baked beans toast.

PANCAKES £3.00 **V**

2 Crwst pancakes with Cardigan Bay honey.
+ **HOMEMADE NUTELLA 50P**

V Vegetarian **VG** Vegan **VG** This can be made vegan upon request

Please note that all Crwst dishes and produce are made in a kitchen which uses nuts, soy, gluten, dairy and sesame seeds on a daily basis.
Some of our dishes can be adapted to be gluten free. Please speak to a member of the team for any special dietary requirements.