

CRWST



TOAST, BUTTER + PRESERVE £3.50

WITH JAM OR MARMALADE. (+ HAZELNUT CHOC SPREAD / HONEY BUTTER £1)

GRANOLA BOWL £6 V (+50p SWAP FOR CHOCOLATE GRANOLA)

CRWST GRANOLA, HOMEMADE YOGHURT, BERRY COMPOTE, CARDIGAN BAY HONEY

EGGS ON TOAST £6 V (+50p SCRAMBLED EGGS)

FREE RANGE EGGS, YOUR WAY, ON BUTTERED TOAST.

+ CHORIZO £3 | DRY CURED BACON £3 | HAY CHARCUTERIE N'DUJA £3 | SMOKED SALMON £4 | + AVO £3
+ FETA £2 | + BLACK PUDDING £2 | + HALF ROASTED TOMATO £1 | BUTTON MUSHROOMS £2 | CRWST BEANS £1 | SAUSAGE £2

BACON ROLL £6

2 SLICES OF DEWI JAMES DRY CURED BACON, TOASTED + BUTTERED CRWST ORGANIC ROLL.

+ FRIED EGG £1 | DEWI JAMES SAUSAGE £2 | MYRDDIN HERITAGE BLACK PUDD £2 | AVO £3 | EXTRA BACON £3

AVOCADO TOAST £6.50 (1) | £11 (2) VG

SMASHED AVOCADO ON TOAST, HOMEMADE FERMENTED CHILLI SAUCE, LIME, 'GREEN UP FARM' HERBS

+ EGG £1 | FETA £2 | CAWS TEIFI HALLOUMI £3 | CHORIZO £3 | DRY CURED BACON £3 | HAY CHARCUTERIE N'DUJA £3

TURKISH EGGS £11 V

HOMEMADE GARLIC YOGHURT, FERMENTED CHILLI BUTTER, POACHED EGGS, 'GREEN UP FARM' HERBS, TOAST

+ FETA £2 | HAY CHARCUTERIE N'DUJA £3

SAUSAGE & EGG 'McDOUGHNUT' £7.50

PORK SAUSAGE PATTY, FRIED EGG, MELTED CHEESE, TOASTED DOUGHNUT

CRWST BEANS ON TOAST £8.50 VG

HOMEMADE SLOW COOKED BEANS, SRIRACHA, TOAST.

+ FETA £2 | HAY CHARCUTERIE N'DUJA £3 | MYRDDIN HERITAGE CHORIZO £3 | FRIED EGG £1

FULL WELSH BREKKIE £11.50

DRY CURED BACON, PORK SAUSAGE, MUSHROOMS, ROASTED TOMATO, FRIED EGG, CRWST BEANS, TOAST.

+ COCKLES & LAVERBREAD GRATIN £5 | + MYRDDIN HERITAGE BLACK PUDD £2

VEGAN BREKKIE £10 VG

CHESTNUT & MUSHROOM PATTY, CHARRED TOMATO, CRWST BEANS, ROASTED MUSHROOMS, TOAST

+ CAWS TEIFI HALLOUMI £3 | + EGG £1

HARISSA HALLOUMI BURGER £9.50 V

PAN FRIED CAWS TEIFI HALLOUMI, HARISSA, HASHBROWNS, SMASHED AVOCADO, GLEBELANDS SALAD, CRWST ORGANIC BUN

+ EGG £1 | + DRY CURED BACON £3

SMOKED HAM BENEDICT £14

WILD GARLIC BUTTER, FERMENTED CAVOLO NERO, TOASTED DOUGHNUT, POACHED EGGS, HOLLANDAISE

EGGS ROYALE £12.50

'SALT & SMOKE' SMOKED SALMON, POACHED EGGS, TOASTED DOUGHNUT, HOLLANDAISE, CAPER DILL OIL, 'GREEN UP FARM' HERBS

+ AVO £3

UMAMI MUSHROOMS, BRITISH GRAINS £14 VG

PUFFED QUINOA, SOUR CASHEW CREAM, WILD GARLIC + CAVOLO NERO KIMCHI

BREKKIE PANCAKES £9 V

BERRY COMPOTE, HOMEMADE YOGHURT, CRWST GRANOLA, CARDIGAN BAY HONEY.

SIDES

HASH BROWNS £5 VG/GF

SKIN ON FRIES £4 VG

SKIN ON FRIES, WILD GARLIC AIOLI, CAWS TEIFI £6

COCKLE, LAVERBREAD, SMOKED BACON GRATIN £5

GLEBELANDS SALAD, PINK PICKLED ONIONS £4 VG

PLEASE NOTE THAT THE KITCHEN USES NUTS, PEANUTS, SOY, GLUTEN, DAIRY AND SESAME SEEDS DAILY.

GLUTEN FREE
BREAD
AVAILABLE,
PLEASE ASK
WHEN
ORDERING!